

September

2024

Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day - No School	3 Carrots, hummus & tortilla chips or rice cakes	4 Broccoli, cheese & whole grain crackers or rice cakes	5 Bananas, yogurt & graham crackers or rice cakes	6 Mandarin Oranges & popcorn	7
8	9 Apples & Pretzels or Rice Cakes	10 Cucumbers, hummus & tortilla chips or rice cakes	11 Olives, cheese & whole grain crackers or rice cakes	12 Grapes, yogurt & graham crackers or rice cakes	13 Edamame and Popcorn	14
15	16 Grapes & Pretzels or Rice Cakes	17 Carrots, hummus & tortilla chips or rice cakes	18 Broccoli, cheese & whole grain crackers or rice cakes	19 Bananas, yogurt & graham crackers or rice cakes	20 Mandarin Oranges & popcorn	21
22	23 Apples & Pretzels or Rice Cakes	24 Cucumbers, hummus & tortilla chips or rice cakes	25 Olives, cheese & whole grain crackers or rice cakes	26 Grapes, yogurt & graham crackers or rice cakes	27 Edamame and Popcorn	28
29	30 Grapes & Pretzels or Rice Cakes	1 Carrots, hummus & tortilla chips or rice cakes	2 Broccoli, cheese & whole grain crackers or rice cakes	3 Bananas, yogurt & graham crackers or rice cakes	4 Mandarin Oranges & popcorn	5

Alternatives will be provided to those with allergies

Fresh Food from Garden may be used.

Yogurt flavors include, Vanially, Blueberry, and Strawberry