

## Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10 Apples & Pretzels or Rice Cakes	11 Cucumbers, hummus & tortilla chips or rice cakes	12 Olives, cheese & whole grain crackers or rice cakes	13 Watermelon, yogurt & graham crackers or rice cakes	14 Edamame & popcorn	15
16	17 Grapes & Pretzels or Rice Cakes	18 Carrots, hummus & tortilla chips or rice cakes	19 Broccoli, cheese & whole grain crackers or rice cakes	20 Bananas, yogurt & graham crackers or rice cakes	21 Mandarin Oranges & popcorn	22
23	24 Apples & Pretzels or Rice Cakes	25 Cucumbers, hummus & tortilla chips or rice cakes	26 Olives, cheese & whole grain crackers or rice cakes	27 Watermelon, yogurt & graham crackers or rice cakes	28 Edamame & popcorn	29

Alternatives will be provided to those with allergies