

September

2023

Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 Edamame & popcorn	2
3	4 Labor Day - No School	5 Carrots, hummus & tortilla chips or rice cakes	6 Broccoli, cheese & whole grain crackers or rice cakes	7 Bananas, yogurt & graham crackers or rice cakes	8 Mandarin Oranges & popcorn	9
10	11 Apples & Pretzels or Rice Cakes	12 Cucumbers, hummus & tortilla chips or rice cakes	13 Olives, cheese & whole grain crackers or rice cakes	14 Watermelon, yogurt & graham crackers or rice cakes	15 Edamame & popcorn	16
17	18 Grapes & Pretzels or Rice Cakes	19 Carrots, hummus & tortilla chips or rice cakes	20 Broccoli, cheese & whole grain crackers or rice cakes	21 Bananas, yogurt & graham crackers or rice cakes	22 Mandarin Oranges & popcorn	23
24	25 Fall Break Day - No School	26 Cucumbers, hummus & tortilla chips or rice cakes	27 Olives, cheese & whole grain crackers or rice cakes	28 Watermelon, yogurt & graham crackers or rice cakes	29 Edamame & popcorn	30

Alternatives will be provided to those with allergies