

October

2024

Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1 Carrots, hummus & tortilla chips or rice cakes	2 Broccoli, cheese & whole grain crackers or rice cakes	3 Bananas, yogurt & graham crackers or rice cakes	4 Mandarin Oranges & popcorn	5
6	7 Fall Break - No School	8 Fall Break - No School	9 Fall Break - No School	10 Fall Break - No School	11 Fall Break - No School	12
13	14 Grapes & Pretzels or Rice Cakes	15 Carrots, hummus & tortilla chips or rice cakes	16 Broccoli, cheese & whole grain crackers or rice cakes	17 Bananas, yogurt & graham crackers or rice cakes	18 Mandarin Oranges & popcorn	19
20	21 Apples & Pretzels or Rice Cakes	22 Cucumbers, hummus & tortilla chips or rice cakes	23 Olives, cheese & whole grain crackers or rice cakes	24 Grapes, yogurt & graham crackers or rice cakes	25 Edamame and Popcorn	26
27	28 Grapes & Pretzels or Rice Cakes	29 Carrots, hummus & tortilla chips or rice cakes	30 Broccoli, cheese & whole grain crackers or rice cakes	31 Bananas, yogurt & graham crackers or rice cakes	1 Mandarin Oranges & popcorn	2

Alternatives will be provided to those with allergies

Fresh Food from Garden may be used.

Yogurt flavors include, Vanially, Blueberry, and Strawberry